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ABSTRACT OF THE DISCLOSURE

A method for the topical treatment of skin affected with cellulite. Sodium chloride, potassium chloride, or a combination thereof, in a solid block formulation, is topically applied to the affected skin by gently gliding the solid block over the affected skin in a manner insufficient to cause abrasion and debridement of the affected skin. Preferably employed is a solid block of about 95 to about 100% by weight sodium chloride. Also preferably, the block of sodium chloride and/or potassium chloride is free of a carrier and/or other topical cellulite-treatment medicaments and/or cosmetics. The applied sodium chloride and/or potassium chloride is left on the skin.